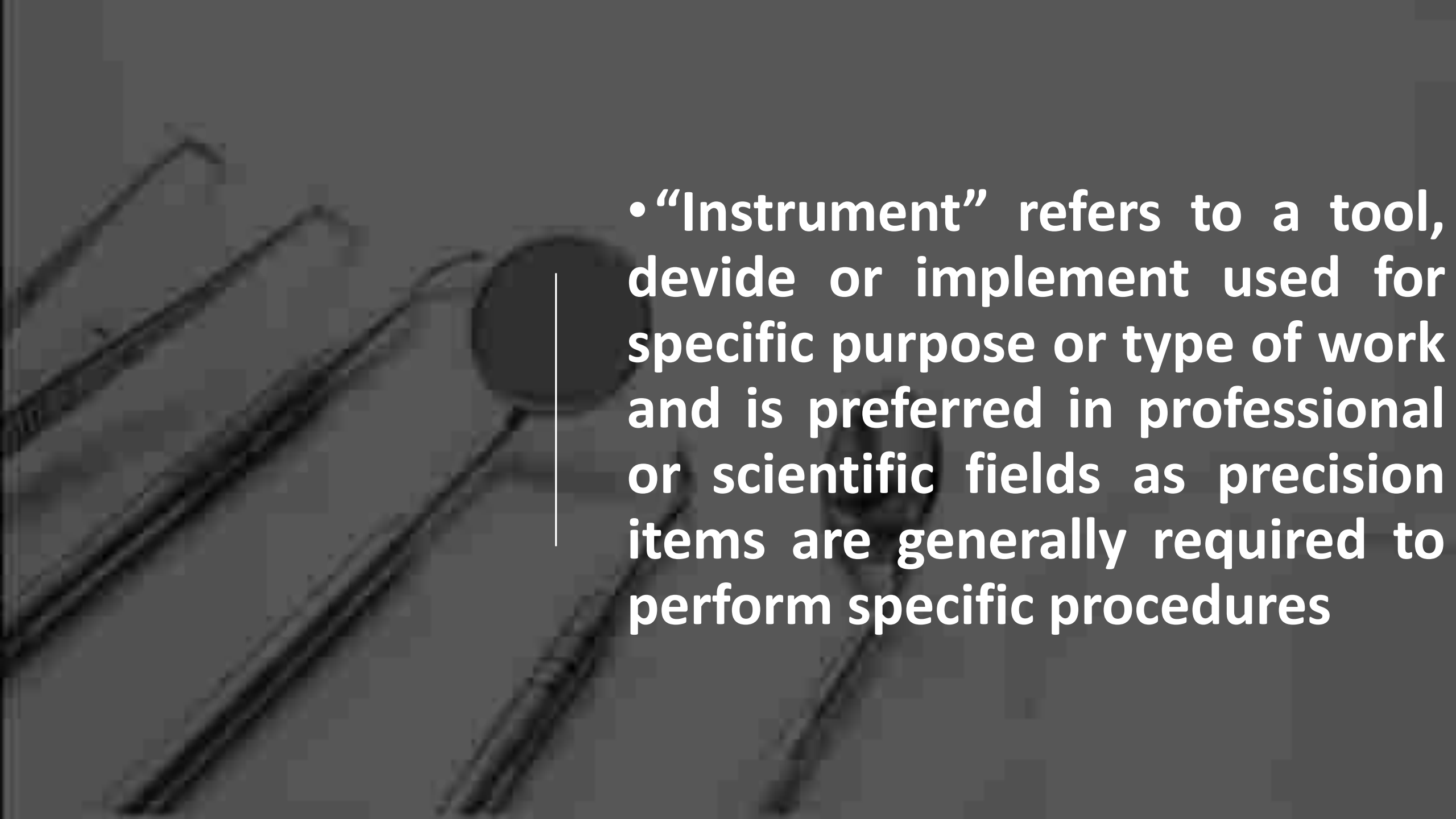




# **Dental Restorative Instrument**

- 
- “Instrument” refers to a tool, device or implement used for specific purpose or type of work and is preferred in professional or scientific fields as precision items are generally required to perform specific procedures

- Chromium 18%, Carbon 1%, Iron 81%
- Chromium reduces the corrosion; Remains bright
- Difficult to maintaining the sharpness; Loses a keen edge during used
- Mostly used for working points and cement instruments

Stainless Steel

- Carbon 1,5%, Manganese 0,2%, Silicon 0,3%, Iron 98%
- Harder than stainless steel
- It will corrode when unprotected
- Mostly used for cutting instrument

Carbon Steel

- Cobalt 65%, Chromium 30%, Trace amounts tungsten, molybdenum and iron
- High resistance to acid and has good hardness
- Brittle
- Used for mix and insert instrument

Carbide

# PREPARATION



- **Removal and shaping of tooth structure and dental material is essential aspect for operative dentistry**
- **Preparation with rotary instrument was 90%**
- **Penetration, extention, excavation, refinement**

# Handpiece

- Gear driven (electric, low speed)
- Water driven (100.000 rpm, high torque)
- Belt driven (>100.000 rpm, excellent performance and great versatility)
- Air driven (300.000 rpm)



# Handpiece



- Straight handpiece (low speed, oral surgery and dental lab)
- Contra angle handpiece (low speed, oral surgery and dental lab, improve accessibility, visibility and stability)
- Contra angle handpiece (high speed)



# Handpiece

- Low speed  
<12.000 rpm
- Medium speed  
12.000 – 200.000 rpm
- High speed  
>200.000 rpm

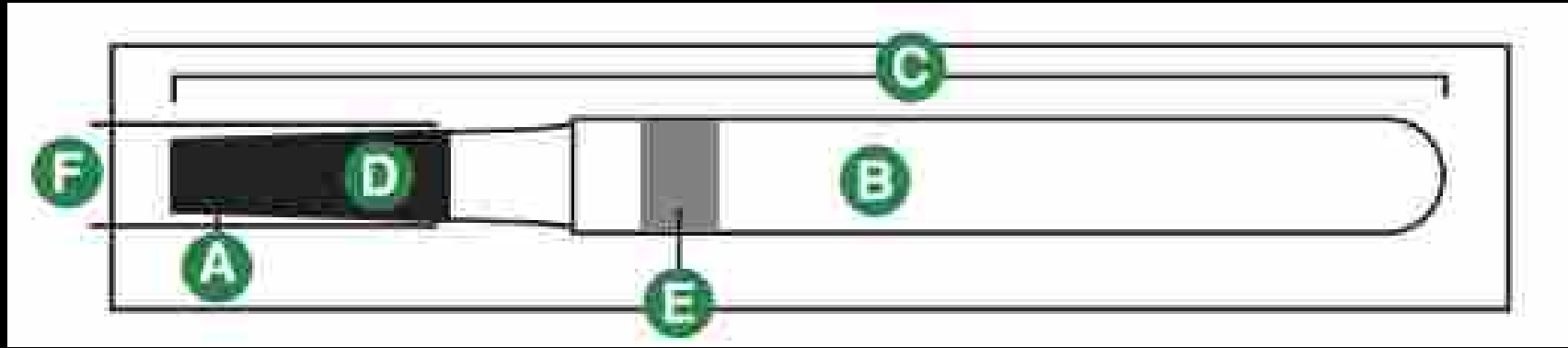


# Bur

Various shape, size, speed,  
function (ISO 6360)



# Bur



- A. Indicate the material
- B. Type of shank
- C. Bur length
- D. Head shape
- E. Grit
- F. Maximum head diameter

# Bur

500: tungsten carbide  
806: diamond



# Bur

FG : friction grip (turbine)

RA : right angle (contra angle)

HP : hand part/piece

Hand Part	ISO Standard	Length	Diameter
HP SHORT	ISO 103	25 mm	Ø 2.35 mm
HP	ISO 104	43 mm	Ø 2.35 mm
HP AL	ISO 106	72 mm	Ø 2.35 mm

# Bur

544: super coarse

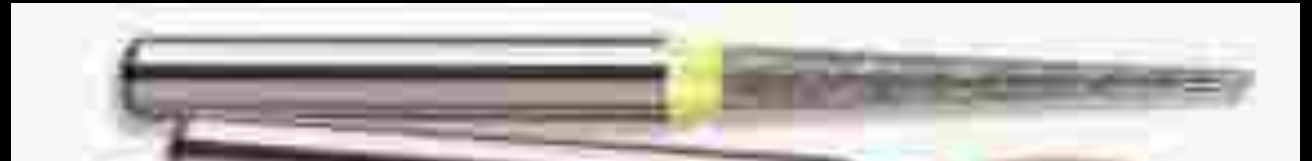
534: coarse

524: medium

514: fine

504: very fine

494: ultra fine



# Bur


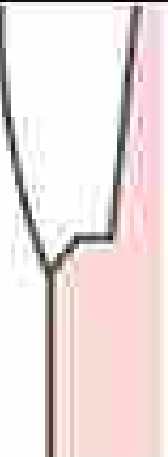




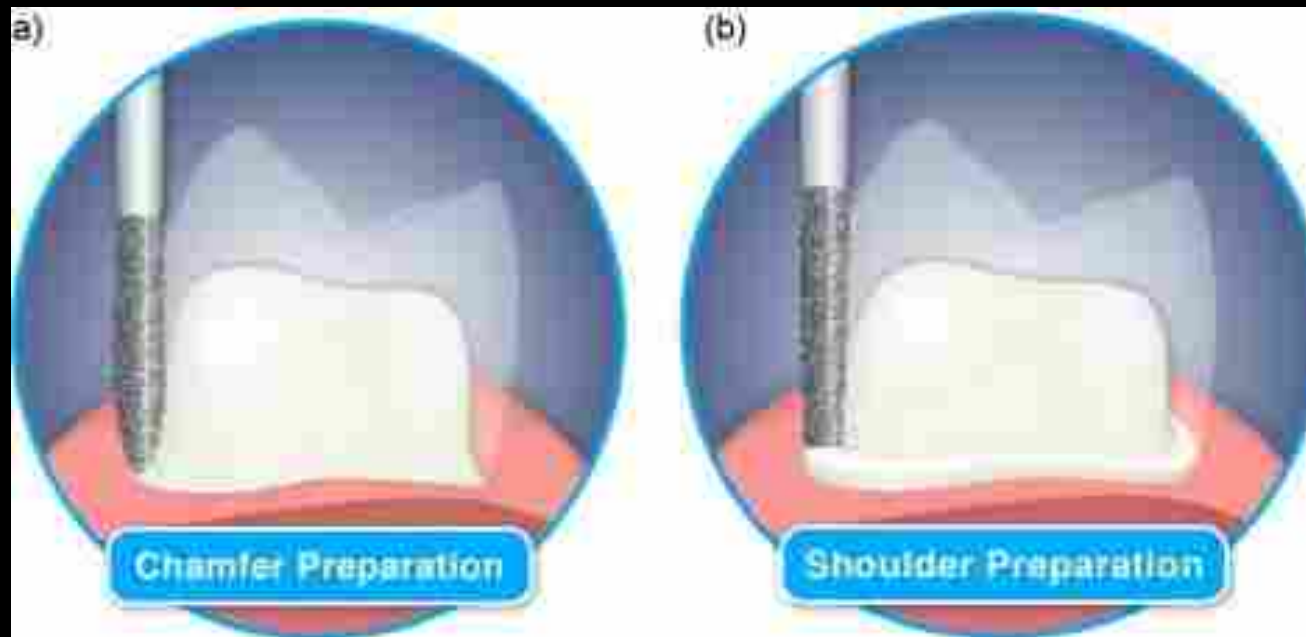
# Bur





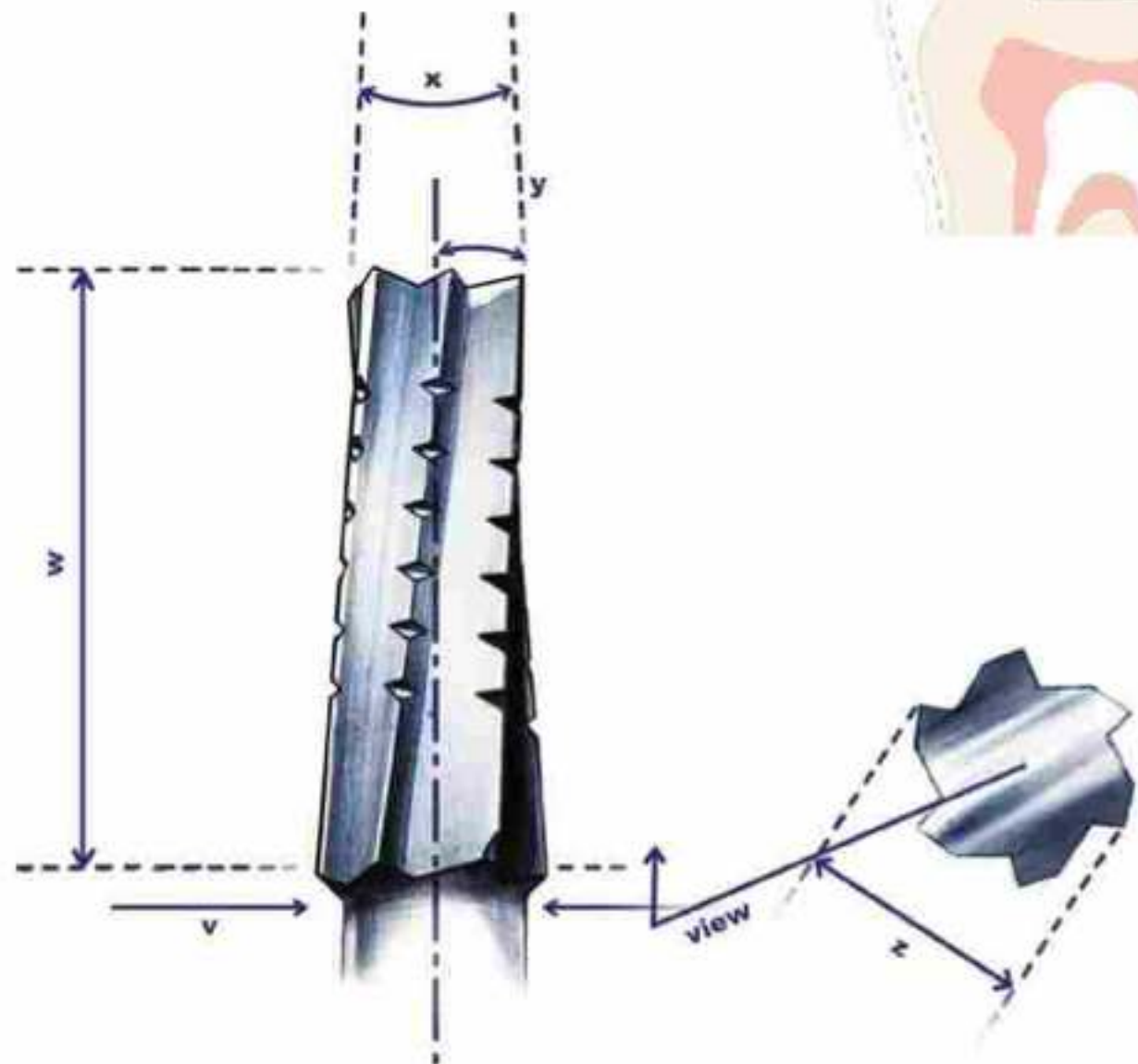
# Bur

Shoulder	Bevelled Shoulder	Heavy Chamfer	Chamfer
 A cross-sectional diagram of a tooth preparation showing a shoulder. The preparation is a wide, flat-topped groove with a sharp, vertical edge. The tooth is colored light blue, and the preparation is highlighted in pink.	 A cross-sectional diagram of a tooth preparation showing a bevelled shoulder. The preparation is a wide, flat-topped groove with a bevelled edge. The tooth is colored light blue, and the preparation is highlighted in pink.	 A cross-sectional diagram of a tooth preparation showing a heavy chamfer. The preparation is a wide, flat-topped groove with a chamfered edge. The tooth is colored light blue, and the preparation is highlighted in pink.	 A cross-sectional diagram of a tooth preparation showing a chamfer. The preparation is a wide, flat-topped groove with a chamfered edge. The tooth is colored light blue, and the preparation is highlighted in pink.



# Bur

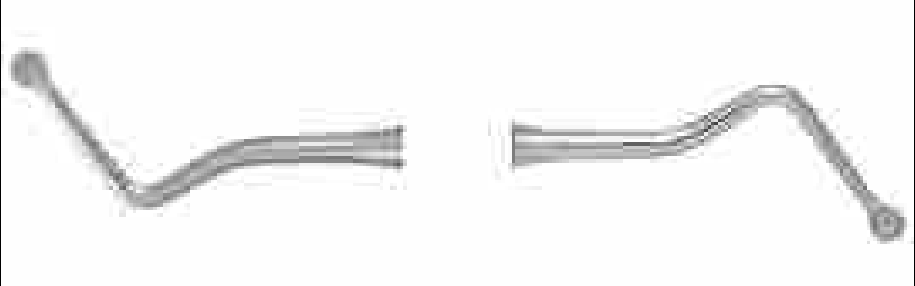
• 009	0.90mm	●	045	4.5mm
• 010	1.0mm			
• 012	1.2mm	●	047	4.7mm
• 014	1.4mm			
• 016	1.6mm	●	050	5.0mm
• 018	1.8mm	●	055	5.5mm
• 021	2.1mm			
• 023	2.3mm	●	060	6.0mm
• 025	2.5mm			
• 027	2.7mm	●	065	6.5mm
• 029	2.9mm	●	070	7.0mm
• 031	3.1mm			
• 033	3.3mm	●	075	7.5mm
• 035	3.5mm			
• 037	3.7mm	●	080	8.0mm
• 042	4.2mm	●	100	10.0mm



# *Cavity Preparation*



*Enamel*



*Dentin*

# MATRIX SYSTEM



A properly contoured piece of metal or other material used to support and give form to the restoration during its placement and hardening

# MATRIX SYSTEM

- Anatomy
- Risk of leakage
- Separate



# MATRIX SYSTEM



- Rigidity
- Establish proper anatomical
- Easy adaptation
- Ability to be contoured
- Prevent excess
- Resistance to condensation
- Easy removal

# MATRIX SYSTEM

## Circumferential

- Tofflemire (universal)
- Automatrix
- Siquveland
- T-band

## Sectional

- Palodent
- Composi-tight
- Ivory
- Strip-T matrix



# MATRIX SYSTEM

Circumferential

Band

Sectional

Tightening device + Wedges

Adaptation Separation

Rings + Wedges



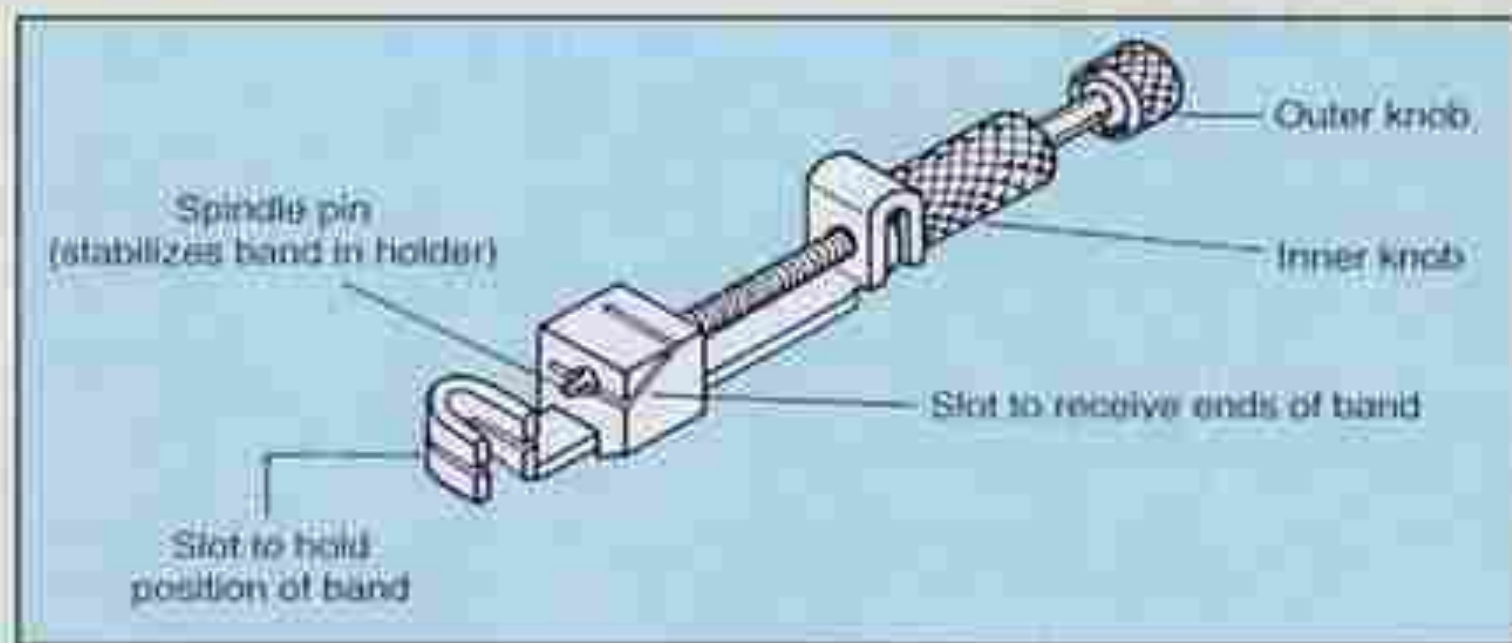
Clinical Examples



# Universal

Also referred to as the *Tofflemire retainer*. This device holds the matrix band in position. The retainer is positioned most commonly from the buccal surface of the tooth being restored.

## ❖ Components of Universal Retainer



**Outer knob:** Used to tighten or loosen the spindle within the diagonal slot; this holds the matrix band securely in the retainer.

**Inner knob:** Used to increase or decrease the size of the matrix band loop; when placing the band over the tooth, the size of the loop circumference should be the largest size and then tightened after placement.

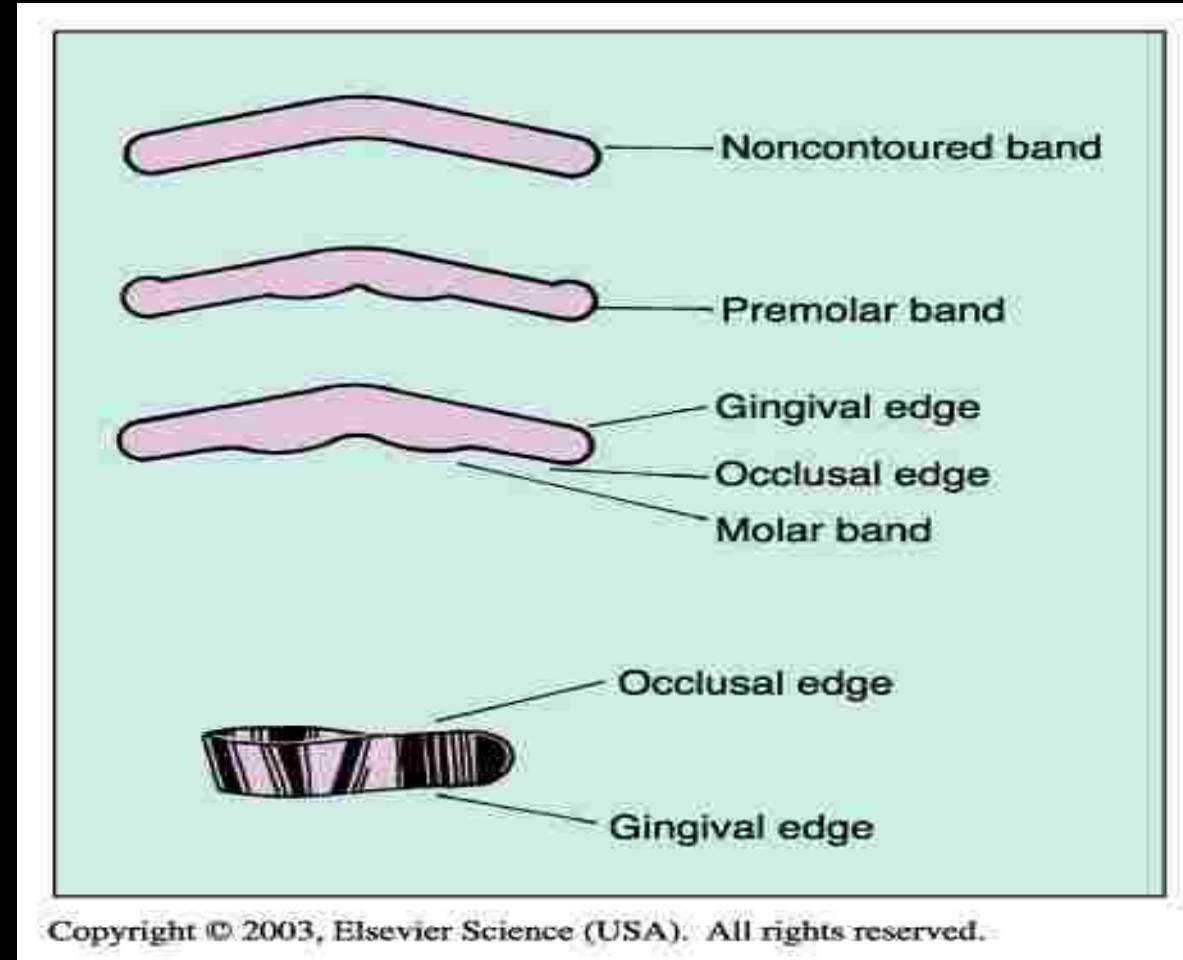
**Spindle:** Internal screwlike pin that fits into the diagonal slot to secure the ends of the matrix

band; when assembling the retainer, the spindle point must be clear of the slot into which the band slides.

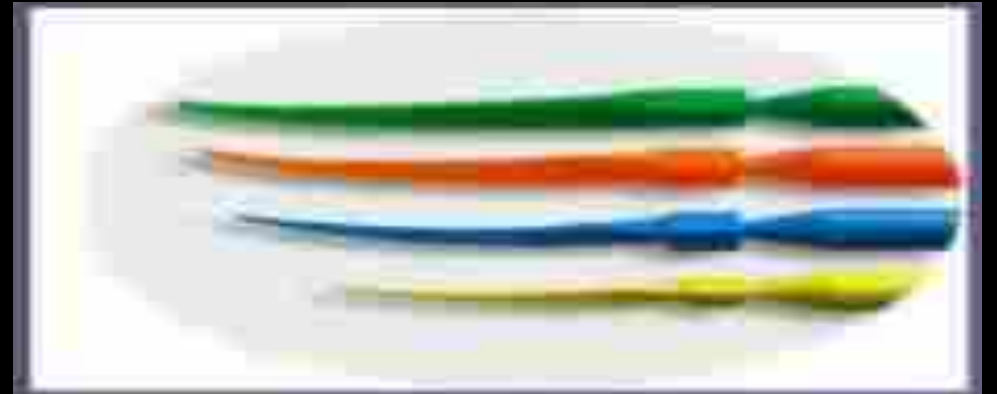
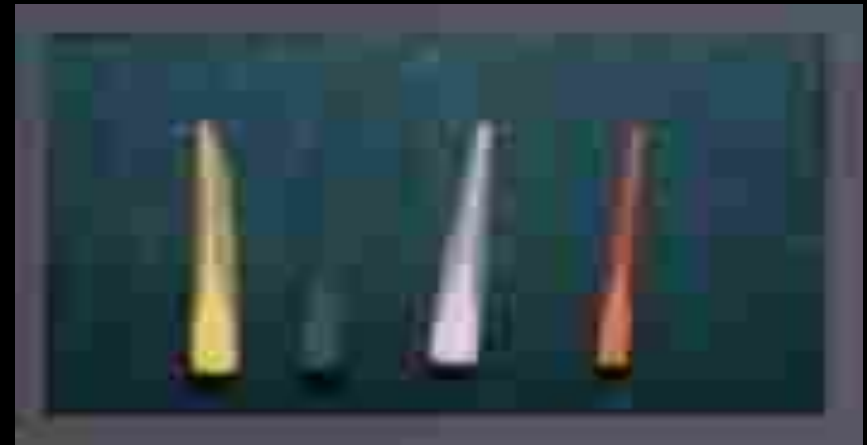
**Diagonal slot:** Slot within the main body of the retainer that is used to position the ends of the matrix band into the vise; the retainer is always positioned in the mouth with this slot facing *toward the gingiva*.

**Guide slots:** Slots used to position the matrix band for either the left or the right quadrant.

- Matrix bands are made of flexible stainless steel and are available in premolar, molar, and universal sizes and thicknesses.
- The larger circumference of the band is the occlusal edge and is always placed toward the occlusal surface.
- The smaller circumference of the band is the gingival edge and it is always placed toward the gingiva.



- A wedge is either triangular or round and made of wood or plastic.
- The wedge is inserted into the lingual embrasure to position the matrix band firmly against the gingival margin of the preparation.



## Sectional

A thin polished type band and a tension ring produce a tight anatomic contact for composite resin materials for proximal direct restorations.





# Protective Wedguard



- Protect the adjacent teeth while preparation
- Less damage of adjacent teeth
- Wedge and Wedgeguard in one



# Protective Wedguard



# The Matrix

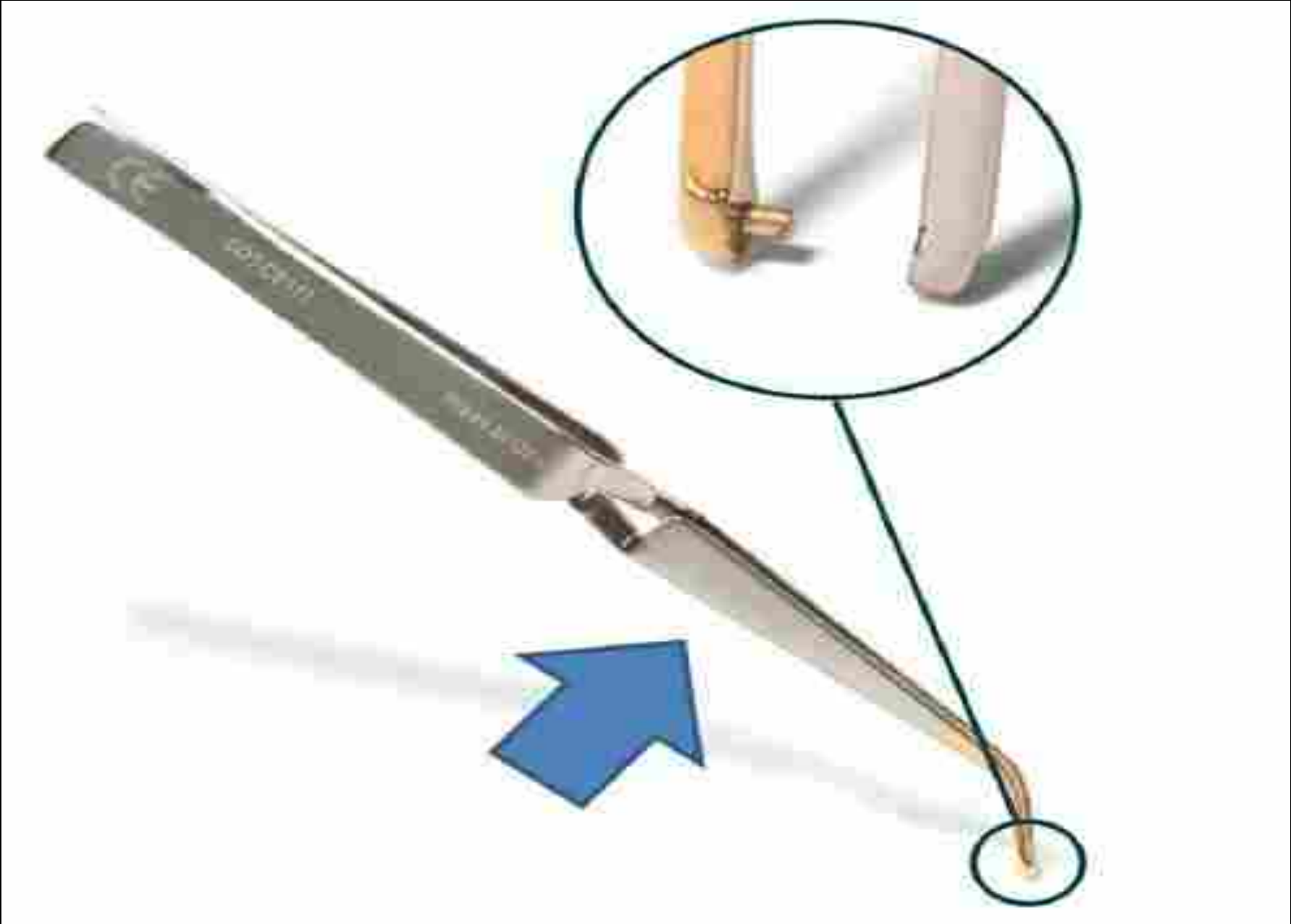


- Easy insertion and removal
- Enhanced gingival seal
- Built-in formation of anatomic ridge contour



# Tweezers







# Anatomical Wedges

- Easy placement and removal
- Excellent adaption of matrice band for minimal cervical excess.
- Compress and flare upon entry and removal
- Minimizes damage of papilla, no bleeding

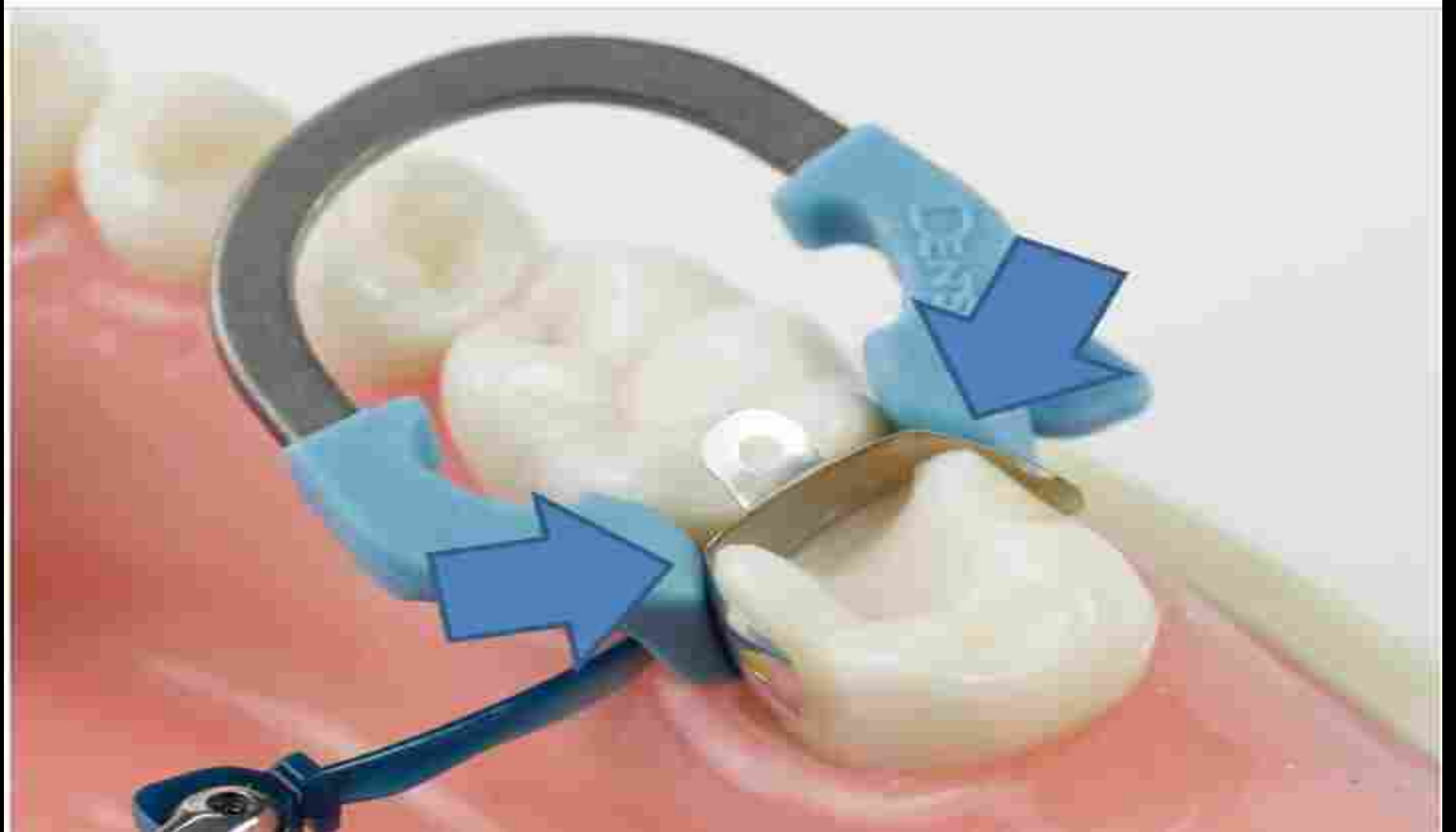






- Facilitated contact point creation
- Excellent adaption of matrice band
- Rings are exceptionally stable on the tooth
- Rings do not fall even into wide preps
- Improved ring longevity







# Forcep









**Circumferential**



**Sectional**



**better  
proximal  
contact**

**less  
flash  
(overhangs)**





**Sectional matrix systems** are recommended for small to medium class II cavities



**Circumferential matrix systems** are recommended for large class II and core build-ups







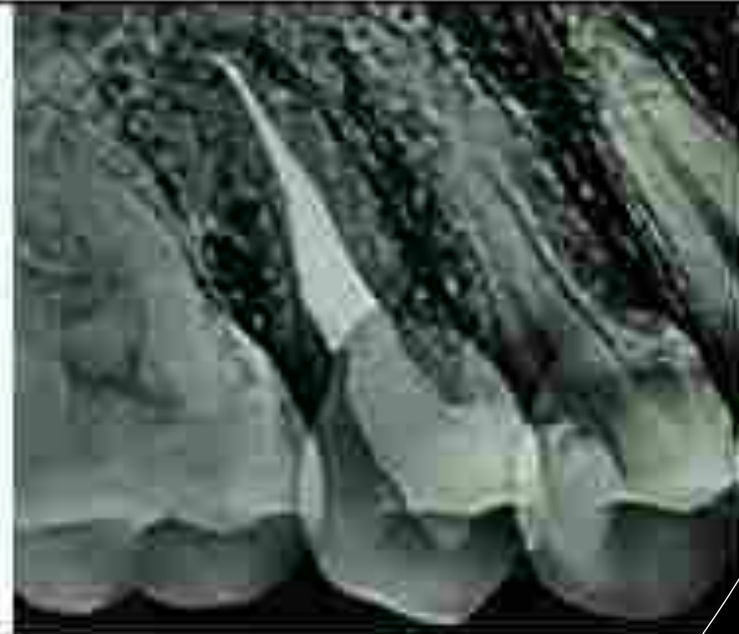




Sebelum Perawatan



Setelah Perawatan



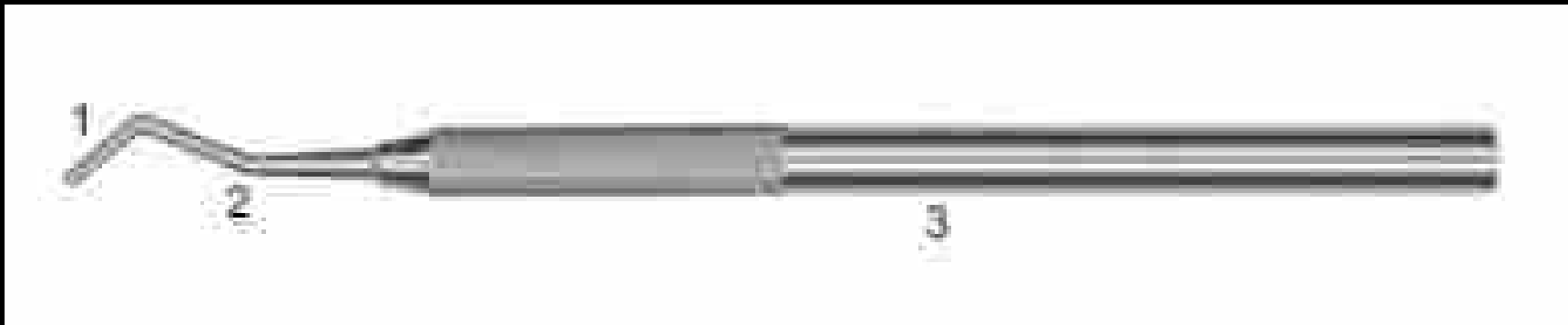






# HAND INSTRUMENT

- Working end. The design determines the function and may be a beveled cutting edge (chisel), a point (explorer), a nib (amalgam condenser), a blade (composite instrument) or beaks (pliers).
- Shank. Portion of the instrument that connects the handle and the working end. The shank may be straight or angled to provide better access to different areas of the mouth.
- Handle or shaft. Rounded or hexagonal in different diameters and materials for better fit and grip



# Plastic filling



# Condensor



# Burnisher



# Spatula



# Carver



**“New”  
Instrument**



A graphic consisting of a dark blue rectangle on the left and a lighter blue rectangle on the right, both with a subtle gradient. The letters 'LM' are centered in the dark blue section, and the slogan 'feel the difference' is centered in the light blue section. Below the rectangles is a horizontal bar with a light blue-to-white gradient.

**LM**

feel the  
difference





**“New” Instrument**

---





**“New” Instrument**





## **FINISHING AND POLISHING**

---



## FINISHING AND POLISHING

---

OptiDisc®

Art. No. 4200

OptiDisc  
Extra-Clear



OptiDisc No. 4200

OptiDisc  
Diamond



OptiDisc No. 4201

OptiDisc  
T



OptiDisc No. 4202

OptiDisc  
High-Gloss Polished  
Easy-Pol



OptiDisc No. 4203

OptiDisc  
Polished



OptiDisc No. 4204



OptiDisc No. 4205

**FINISHING AND  
POLISHING**

Kerr

**FINISHING  
AND  
POLISHING**





**FINISHING  
AND  
POLISHING**



**FINISHING  
AND  
POLISHING**



**FINISHING  
AND  
POLISHING**



**3M ESPE**





# Enamel-Dentin Bonding Systems

Etch and Rinse systems

"Water etch or separate syringe"

Acid

Primer

Adhesive

Acid

Primer  
+  
Adhesive

Self Etch systems

"Etchant is in the bottle"

Acid

+  
Primer

Adhesive

Acid

+  
Primer

+  
Adhesive

4th Gen

5th Gen

6th Gen

7th Gen



*Total etch or Self etch?*



# Total Etch



☺ Clinically proven and trusted method (as long as required steps are carefully performed)

☺ Marked etching pattern on enamel provides visual control

☺ Deeper, more pronounced retention pattern on enamel usually achieves higher bond strength

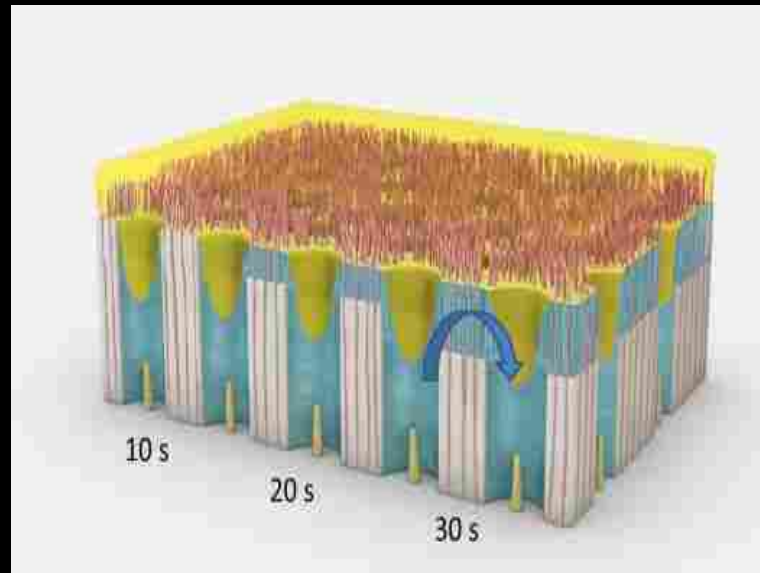
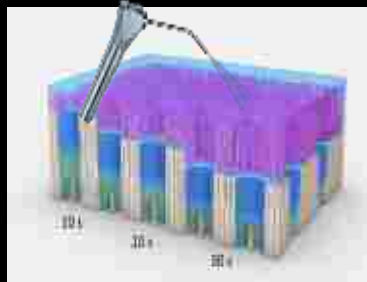
☹ Time intensive and technique sensitive

☹ Controlling etching time on enamel (15s) and dentin (10s)

☹ Controlling amount of moisture on dentin (over-dry or over-wet dentin)

# Over-etch dentin

When simultaneously etching enamel and dentin with phosphoric acid, it is clinically challenging to control the etch time on dentin (5-10s) and enamel (15-20s); thus increasing the risk of over-etching dentin.



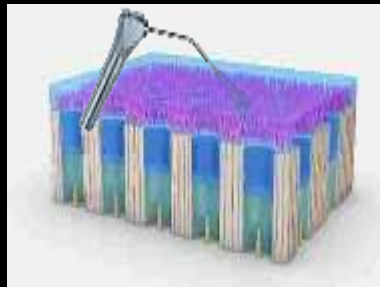
When dentin is etched too long, the demineralized zone extends beyond the ability of the primer and resin to penetrate. The layer of demineralized dentin that is not permeated by primer and resin, allows fluid movement in the dentinal tubules (nano-leakage). Movement of fluid pulls on the odontoblastic process which results in pain or sensitivity. Another consequence is reduced bond strength, since the layer of demineralized dentin is beyond the hybrid zone that was developed.

## Risks of over-etching dentin:

- ⓐ Increased risk of post-operative sensitivity
- ⓑ Reduced bond strengths

# Over-dry Dentin

If the tooth surface (dentin) is over-dried after conditioning with phosphoric acid, the collagen network may collapse forming an impermeable layer. Consequently, the adhesive is no longer able to diffuse.



## Signs of an "over-dry" tooth surface

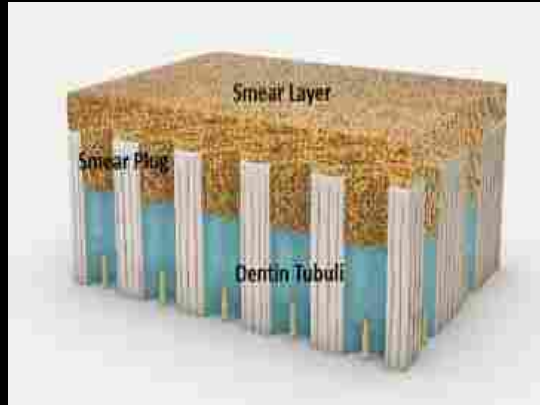
- ⊗ Dry appearance
- ⊗ Dull cavity floor

## Risks of over-drying the tooth

- ⊗ Lower bond strength
- ⊗ Increased risk of post-operative sensitivity

# Self-Etch

Acidic primer/monomer is used to **MODIFY** the smear layer without opening the tubules.



- ☺ Minimum treatment time
- ☺ Low risk of post-operative sensitivity since smear layer plug remains inside dentin tubuli
- ☺ Optimum clinical outcome on dentin



- ☹ Lack of visual control on enamel after conditioning
- ☹ Typically delivers lower shear bond strength on enamel



# Achieving sufficient bond strength & marginal quality to enamel with a self-etch system?

The reduced acidity of self-etch bonding systems can lead to a less pronounced etch pattern on enamel compared to phosphoric acid, especially on unprepared or uncut enamel surfaces. Literature strongly suggests using separate etching with phosphoric acid on enamel surfaces prior to applying adhesive systems using the self-etch technique.



R&D Ivoclar Vivadent AG, Schaan, FL

## Selective-Enamel-Etching

- Apply phosphoric acid gel on only the enamel margins for 15-20 seconds
- Rinse off and thoroughly dry
- Then apply a self-etching dentin adhesive

**Important!** The etching component in a self-etch dentin adhesive results in the product having an acidic pH level. This acidity can interfere with the chemistry of some dual cure resin products. If you are using a self-etching system, it is strongly recommended that you verify the compatibility between your dentin adhesive and the resin systems you use routinely.



*Selective Case?*

*Stock many bonding system in office?*



*Stock many bonding system in office?*



# Universal Bonding System

Mild acidic properties provide effective conditioning and compatibility with all etching protocols

Self-Etch Technique



- Time-saving
- Reduces the risk of post-operative sensitivity

Etch&Rinse Technique



- Enhances adhesion to enamel and dentin
- Improves marginal seal

Selective-Enamel-Etch Technique



- Enhances adhesion to enamel
- Improves marginal seal

- ☺ Freedom to choose the ideal etching protocol based on the indication
- ☺ No need to carry additional inventory of a total- or self-etch adhesive systems
- ☺ Mild acidic properties improves the self life and longevity of the restoration



# Indications for Different Etching Protocol

The choice among the systems is often a matter of personal preference and cases

Self-Etch Technique



- Direct restorations predominantly supported by dentin
- Direct composite resoration
- Indirect full-coverage crowns

Etch&Rinse Technique



- Indirect restoration with large amounts of enamel still present
- Direct veneers
- Indirect veneer cementation
- Small or shallow direct restorations Class I, III, IV

Selective-Enamel-Etch Technique



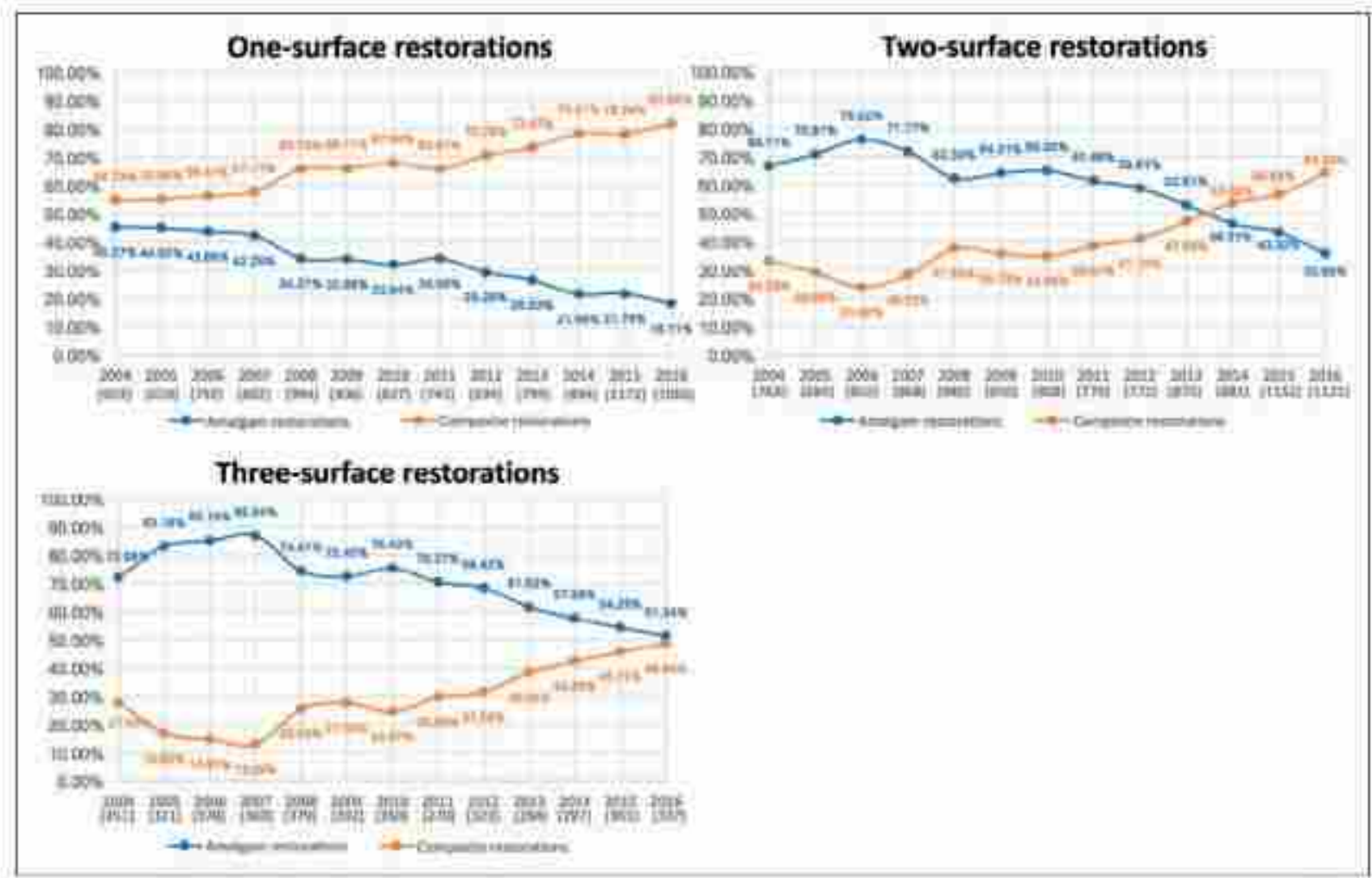
- When enamel and vital dentin are exposed, but optimum retention is still needed
- Non-prepped enamel
- Direct restorations (class I, II, IV)
- Indirect inlay/onlay cementation

# *Posterior Direct Restoration*



# Direct Restoration

# Material?



Percentage of amalgam and composite restorations placed by undergraduate students from 2004 to 2016, divided by surface number

Figure 2: Restorative material of choice for repair (Frequency of individual items chosen)

## Composite Resin

Teeth coloured  
Minimal invasive  
Bond to teeth structure  
Biocompability  
Repairability  
Free mercury  
Lack of corrosion

*Marginal gap*

*Tooth staining*

*Sensitivity*

*Composite fracture*



*Cusp fracture*

*Secondary caries*

*Debonding*

*White line*

*Composite Resin*

*Polymerization Shrinkage*

- *Flowable composite*
- *Monomer system*
- *Filler*
- *Incremental technique*

Incremental techniques in direct composite restoration

Veeramachaneni Chandrasekhar, Laharika Rudrapati, [...], and Muralidhar

Tummala

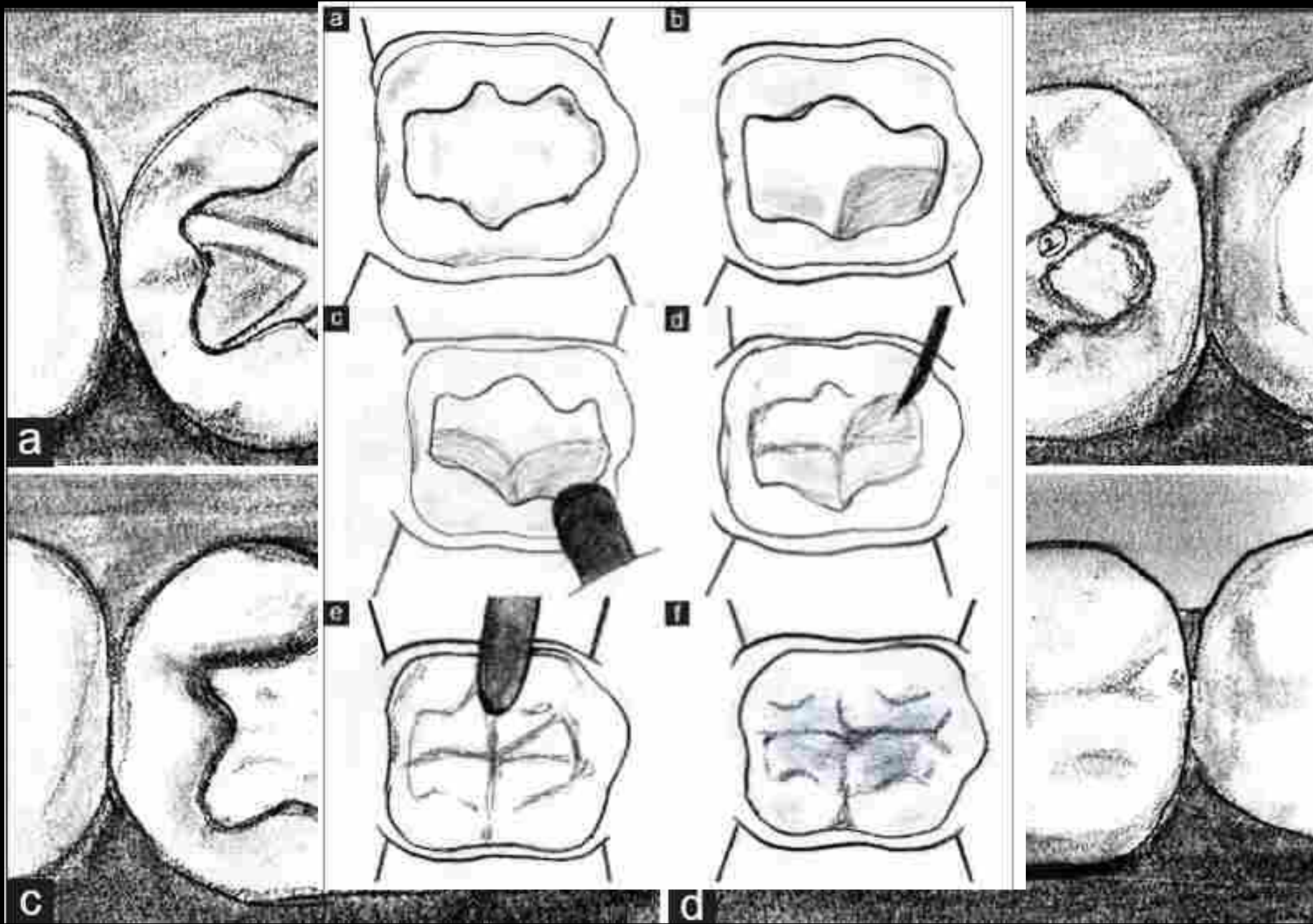
Additional article information

## INCREMENTAL TECHNIQUES FOR DIRECT COMPOSITE RESTORATION

When placing posterior composites, the use of small increments is recommended by many authors for insertion and polymerization so that the after effect of shrinkage stress can be reduced.



# Incremental technique?





- *Time*
- *Contamination*
- *Void*



# Bulk Fill Composite

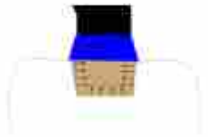
# Physical properties - shrinkage stress

## Challenge

- Chains form during polymerization → volume decreases



- As the filling is adhesively bonded, a pulling force is exerted on the cavity walls



- Effect: marginal gap formation, cusp deformation, proneness to fracture.

## Solution

- Shrinkage stress reliever

**Low shrinkage stress**

- Pre-polymerized filler → low E-Modul



Shrinkage stress relaxator  
E-Modul 10 Gpa



Glass filler  
E-Modul 71 Gpa



Monomer-chain

Bulk Fill

Self-levelling  
effect



**Tetric® N-Flow  
Bulk Fill**

Volume replacement  
Excellent adaptation to cavity walls and  
self-levelling effect.



**Tetric® N-Flow**

Liner  
Flowable when desired.  
Stable as required.





# Anterior Restoration Review



Source: google image



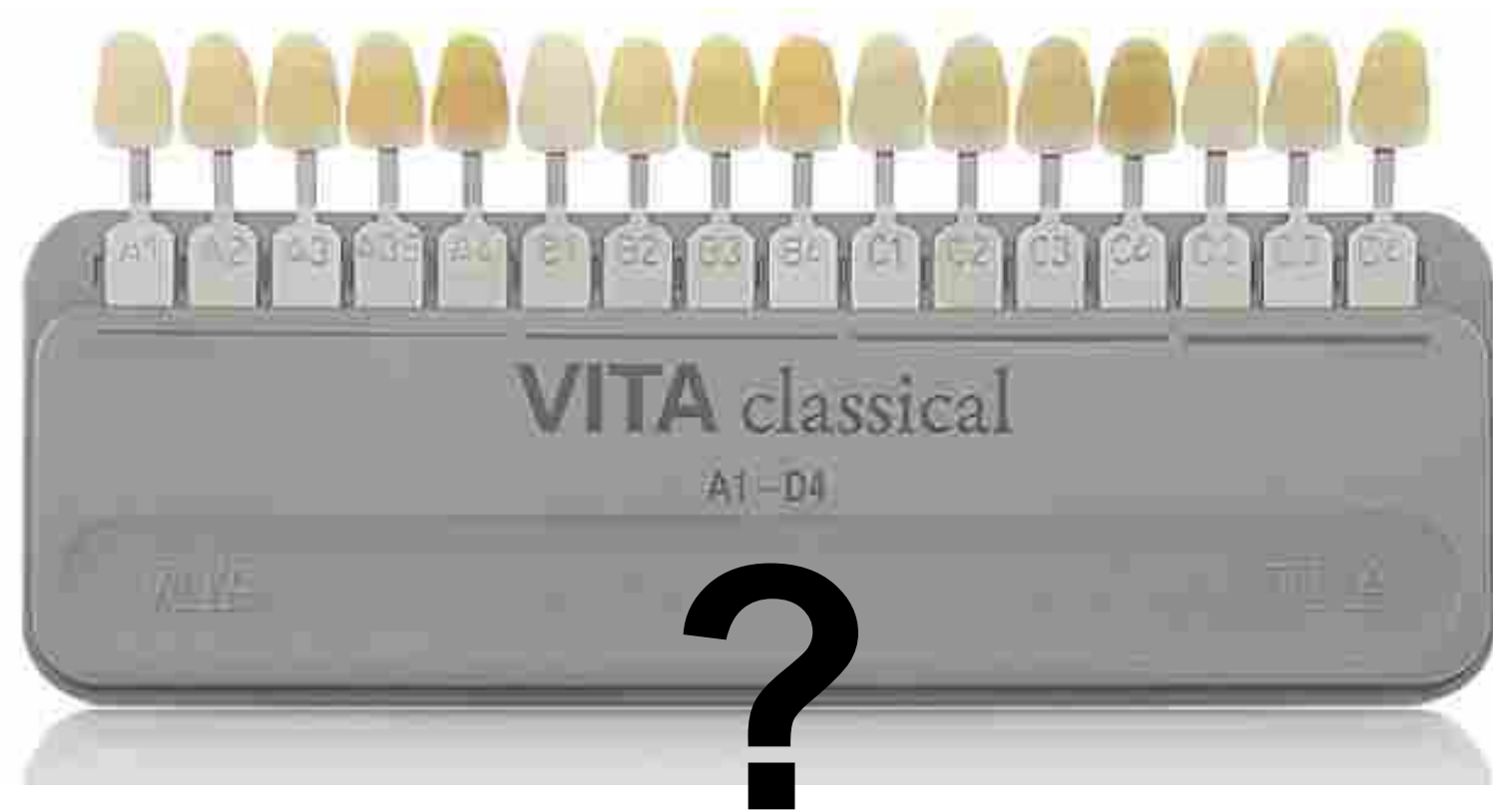


# Direct Restoration

**S**

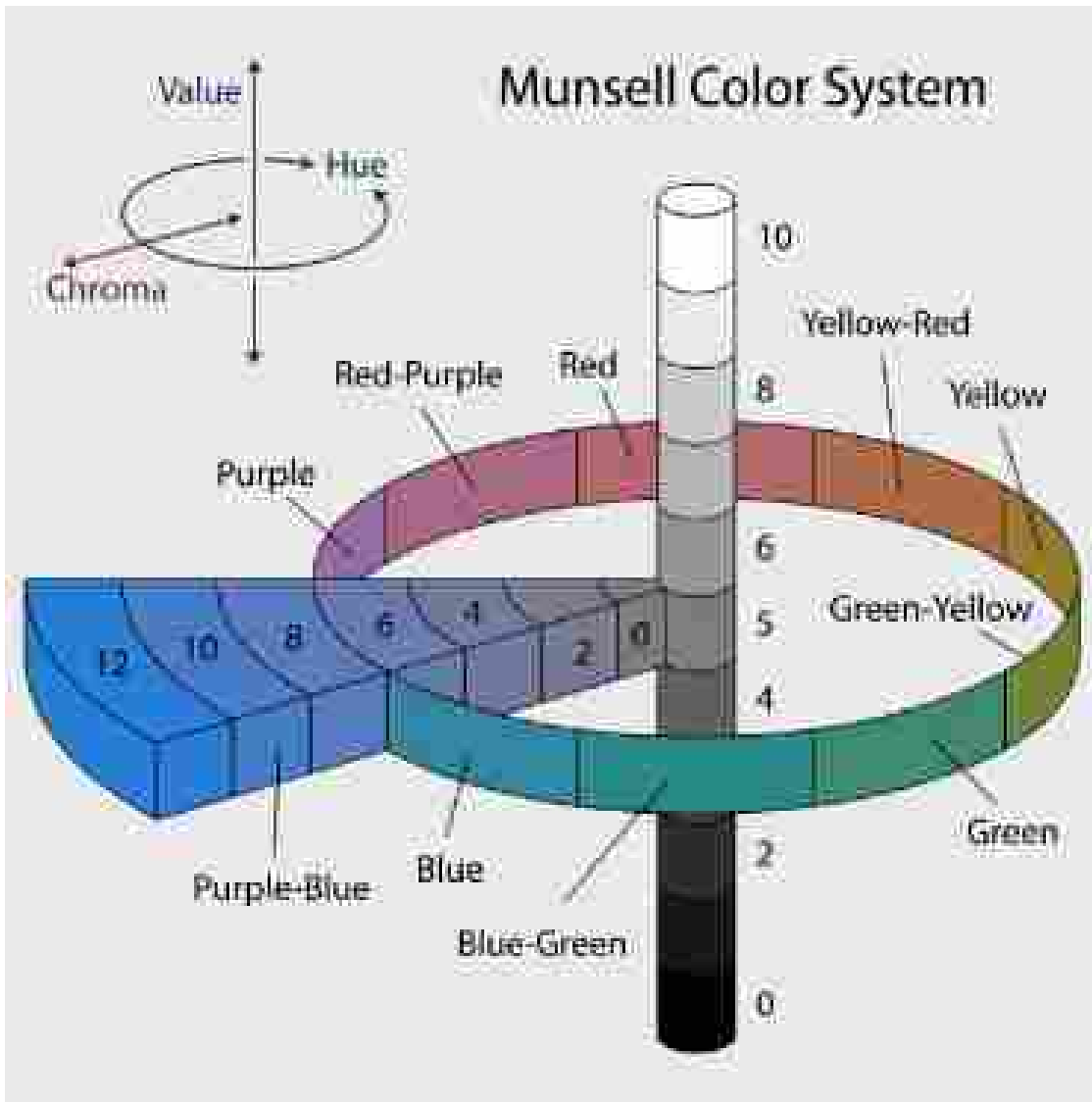
**SEAL  
SHAPE  
HADE**





## Colour in dentistry

A – B – C – D  
1 – 2 – 3 – 3,5 – 4



# HUE

A = red - yellow

B = yellow

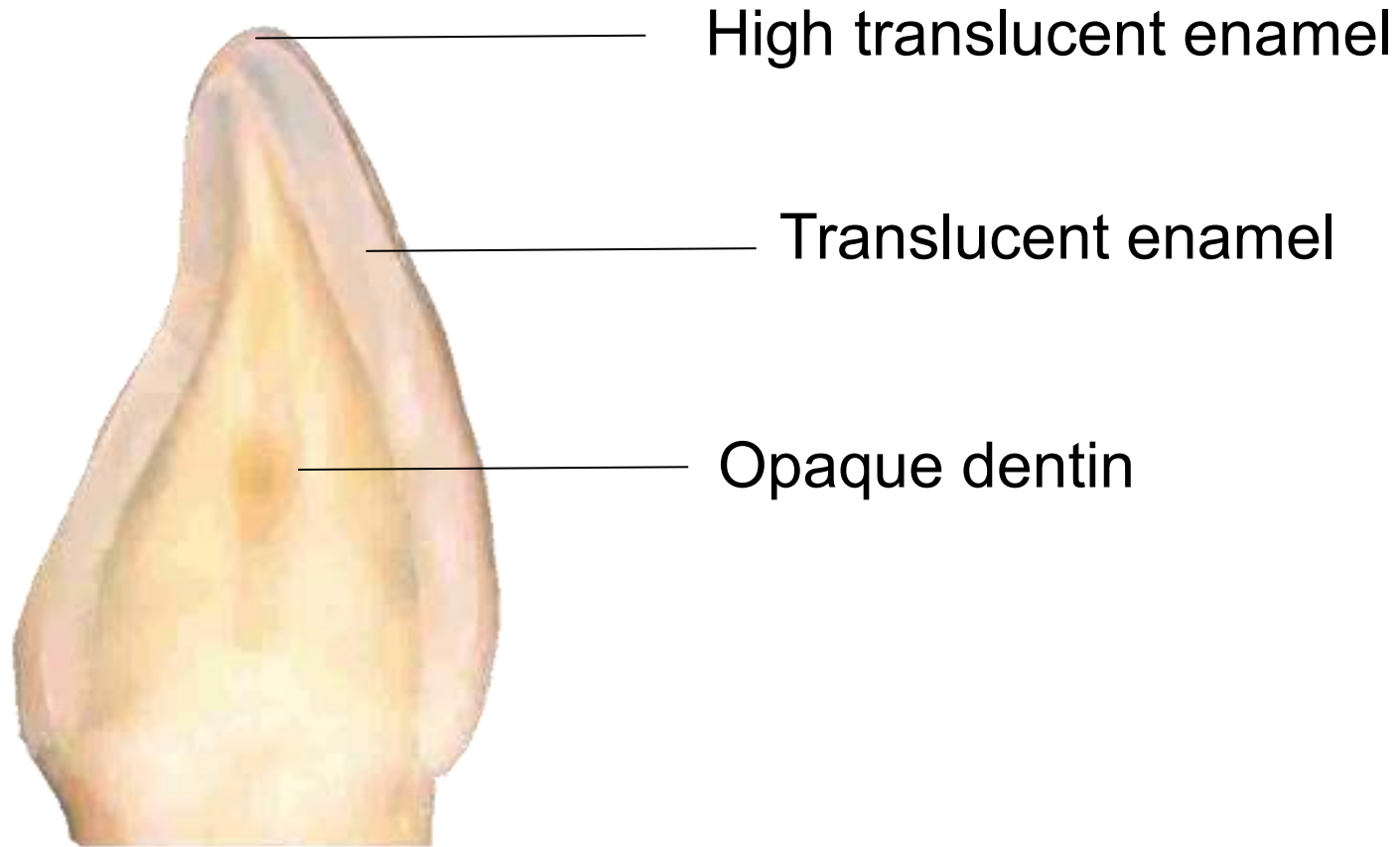
C = grey

D = red - yellow - grey

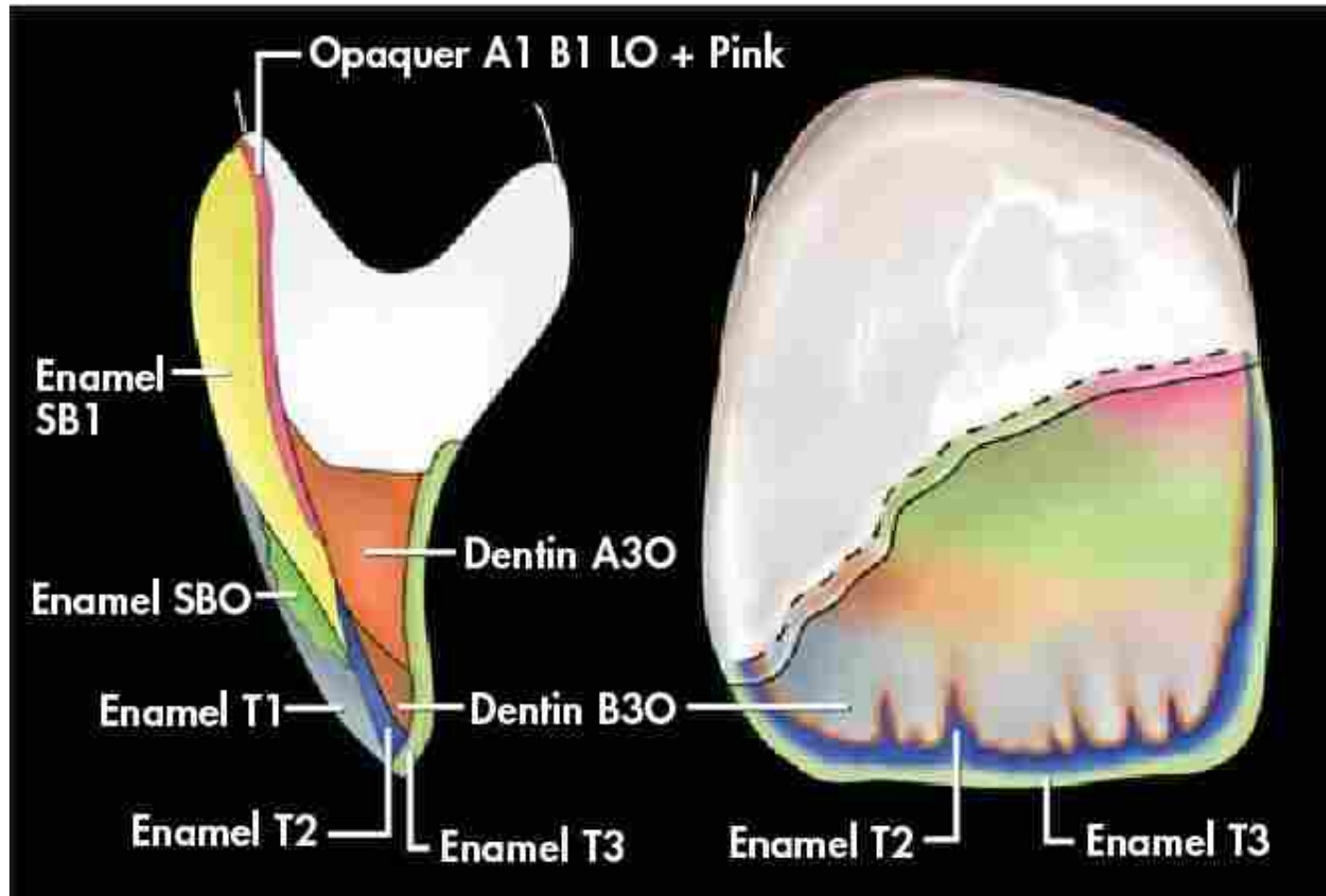
# CHROMA

1 - 2 - 3 - 3,5 - 4

# Why does my restoration have unmatched color?



# Why does my restoration have unmatched color?



- Opaque
- Dentin
- Body
- Enamel
- Translucent
- Color modifier



- 6 Universal shades
- 1 Dentin shades
- 1 Transparent
- 2 Bleach shades

**10 s  $\geq$  1,000 mW/cm<sup>2</sup> curing time for all shades**

2.0 mm Tetric N-Ceram shades (A, B, T & BL)

1.5 mm Dentin shades

# Tetric N-Ceram – layering effects

Tetric N-Ceram A2  
Tetric N-Ceram Dentin A3.5



Tetric N-Ceram Bleach I (18.0 – 22.0%)  
Tetric N-Ceram A2  
Tetric N-Ceram Dentin A3.5



Tetric N-Ceram T (14.0 – 16.0%)  
Tetric N-Ceram A2  
Tetric N-Ceram Dentin A3.5







**3M ESPE SHADE REFERENCE**

Filtek™ Supreme Ultra  
Ultra Universal Restorative

Stocked shades circled below

← Main Group →

Dentin	Body	Enamel	Translucent
A1D	A1R	A1E	Clear
A2D	A2R	A2E	Antib
A3D	A3R	A3E	Blue
	A3.5R		Gray
A4D	A4R		
	A6R		
	B1R	B1E	
	B2R	B2E	
B3D	B3R		
	B5R		
	C1R		
	C2R		
	C3R		
C4D			
	D2R	D2E	
	D3R		
W0	W1	W2	
	XW1	XW2	

Additional shades available (to separate shades click)



